**Hands-on multiplication**

This can be used with any multiplication table. Follow the same sequence per time table:

**4 times table**

|  |  |
| --- | --- |
| Left hand to right ear | 4 |
| Right hand to left ear | 8 |
| Left hand to right shoulder | 12 |
| Right hand to left shoulder | 16 |
| Left hand to right arm | 20 |
| Right hand to left arm | 24 |
| Left hand to right hip | 28 |
| Right hand to left hip | 32 |
| Left hand to right knee | 36 |
| Right hand to left knee | 40 |
| Left hand to right ankle | 44 |
| Right hand to left ankle | 48 |