

# Personal, Social and Emotional Development



Year Group	Milestones (Children at the expected level of development will)	Content
Nursery 0 Little Chicks	<p>Seek comfort from familiar adults. Show their own feelings such as sad, happy, cross, worries.</p> <p>Begin to play imaginatively. Use alternative resources in imaginary play e.g. remote control as a telephone or a bowl as a hat. Pull on their own clothes. Search for things that are not in the usual place.</p> <p>Give own name on request. Ask for the toilet. Show initiative. Occupy themselves for short periods. Seek to involve adults in pretend play. Begin to talk to other children when playing.</p>	<p>The staff all have high expectations of the children and from early on they are trusted to use the setting in the right way. To learn, play and explore. The children are given freedom and time to play, socialise, learn from experience and improve their personal, social and emotional skills.</p> <p>All children come to use with different cultural capital. Some have vast experiences with siblings, wider family and friends. They happily play together, sustaining shared interests and thinking of new ideas and ways to play. Others are only children who rarely spend time with other people. For them, our large and busy environments can be daunting. Some of the children have few boundaries at home, so take longer to learn our boundaries. We support them and give help where it is needed. Our key worker system ensure this.</p> <p>Staff model how to play, by playing. They talk through conflict resolution and compromise. They role-play how to behave in different situations to support the children in their exploration of playing with others and working together.</p> <p>We build attachments to the children. We work closely with parents, carers and families to ensure that children feel safe and secure.</p>
Nursery 1 Little Chicks	<p>Make decisions independently about eating, clothing and playing. Enjoy the company of other children and want to play with them. Start to talk about feelings. Be mostly clean and dry in pants.</p> <p>Begin to learn about sharing. Know that actions and words can hurt other people. Begin to accept the needs of others, take turns and share with some support.</p>	
Nursery 2 Little Owls	<p>Play with one or more other children, building on ideas and collaborating. Find solutions to some conflicts, only asking for help when it is needed. Follow expectations and boundaries without reminders. Know some ways to calm myself down. Talk about my feelings and begin to understand how others might be feeling.</p>	
Reception ELG	<p><b>Self-Regulation</b></p> <p>Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</p> <p><b>Managing Self:</b></p> <p>Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; - Explain the reasons for rules, know right from wrong and try to behave accordingly; - Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</p> <p><b>Building Relationships:</b></p> <p>Work and play cooperatively and take turns with others; - Form positive attachments to adults and friendships with peers; - Show sensitivity to their own and to others' needs.</p>	