

I am a...

Sports Star



Vision and Values

I have happy memories of PE.

I enjoy using all the sports equipment during PE lessons on the playground and field.

I feel safe when participating in sports.

I feel valued in PE.

I demonstrate British Values in YOUR SUBJECT.



Head

I know how to use PE equipment safely.

I know how to show respect in sports.

I understand key vocabulary about different sports.

I am a reflective athlete.

I am resilient when trying new skills and sports.

I can give feedback on others performances in a constructive way.



Hand

I can run, jump and throw in a variety of sports.

I can compete in competitive game situations.

I can perform dances using a range of movement patterns.

I have developed my flexibility, strength, technique and balance across PE.

I have taken part in outdoor and adventurous activities.

I can swim 25m.

Heart

I am proud to be a competitive sports star.

I appreciate others when playing sports.

I care about helping others enjoy sports and physical activity.

I enjoy working as a team and encouraging team players.

