



Please help!

Visit: <https://zapatopi.net/treeoctopus/>

Visit this site to help your child learn about not believing everything they read online.



Online Safety for Parents/Carers

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Ten Top Tips
Keep your child safe online
A guide for Parents

1. Help them set privacy settings at the strongest level. Sites can change privacy settings so make sure you stay up to date with them.
2. Report people and inappropriate conversations to the site administrator via the 'help' or 'report' tab (if available) and always keep a copy of the conversation as evidence.
3. Teach your child how to block or ignore people on social networking sites and online games, and support them in knowing what they can do if someone makes them feel uncomfortable.
4. Set boundaries about which sites they can use and for how long.
5. Teach your child never to share any personal details - this includes their password, real name, address and their school.
6. Use the site yourself—get to know what they can actually do on the site.
7. Explain that friends should be people they know - people they meet online may not be who they say they are.
8. Stress that meeting up with people they know online can be dangerous and that they should only do so with your permission and if you are present.
9. Set rules about what they should and shouldn't post.
10. Talk to your child about the fact that what they post can't always be taken back, and even if it can, it may already have been shared.



Videos for online safety awareness

Before sharing these videos with children, ensure that you have watched them first.

Lee and Kim

<https://www.youtube.com/watch?v=NxYily6t4LQ>



Play Like Share

https://accessyoutube.org.uk/play/WpngtGyc_ec



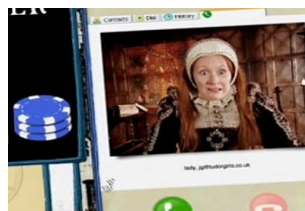
Jigsaw (CEOP)

https://accessyoutube.org.uk/play/_o8auwnJtqE



Horrible Histories

<https://www.bbc.co.uk/cbbc/watch/p01g2ppl?collection=stay-safe>



Other great video resources: are available from the useful websites section of the leaflet.

Consider

1. Where in the house do they access the internet?

Having access to a device connected to the internet is great but if children are using it in the house, do you know exactly what they are doing at all times?

2. Create a set of 'Internet Rules' for your home.

Having an agreed set of rules and boundaries for internet use in your home is a great way of children knowing what they should and should not do. Get them involved in the creation of this!

3. Should they be playing that game?

'Keeping up with the Jones's' is a very apt expression for why we let our children play games that just aren't suitable. PEGI ratings are there for a very good reason. If the rating is above their age, they should not be using it.

4. Do they really need a YouTube channel?

YouTube is a fantastic creation and it is important not to lose sight of that fact. However, like most social media sites, it has an age rating of 13+ for many reasons. An accidental share of personal information, a negative comment or copyrighted material could land them in a lot of bother. They really don't need an account on here, yet!

5. Do you have filtering or monitoring software?

Having filtering software in place reduces the risk of children accessing inappropriate material but it doesn't guarantee this. This is why we need to equip children with the skills that they need to use if anything goes wrong online.

Does your child feel that they can talk to you about their online life?

Useful websites

<https://accessyoutube.org.uk>—YouTube without the adverts, likes of comments. We always recommend watching any video first before allowing your child to watch it.

https://www.thinkuknow.co.uk/5_7/ - An amazing site that offers resources that cover all aspects of online safety for children and parents/carers. Visit the *Cyber Café* section with your child and explore!

<https://www.ceop.police.uk/safety-centre/> - Concerned about how someone is communicating with your child online? Make a report at this address. Visiting this site will outline whether you should report to them or somewhere else.

<http://www.childnet.com/> - This is an incredible site that collates lots of online safety material from various websites. It's a great place for parents/carers to visit to find out further information on specific topics. Digi Duck is available from here.

<https://www.bbc.com/ownit>—The BBC's new online safety website for children. It has videos and articles that cover virtually everything. Visit the site with your child and explore what they need, together.



Useful websites

<http://www.safetynetkids.org.uk/personal-safety/staying-safe-online/> - A great site for children with lots of great tips.

<https://www.saferinternet.org.uk/online-safety-live> - A great site from the UK Safer Internet Centre.. Offers great advice to parents and carers.

<http://parentinfo.org/> - Up-to-date articles about the latest developments in online safety.

<https://www.common sense media.org> —Search for an app or website and get all the information you need about its suitability for your child. Highly recommended!

<https://www.keeperschildsafety.net/> This is an award winning application that monitors children's usage of different websites and applications. If your child is using a tablet or phone, make sure to visit this site to find out more.

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/> Offers advice on how to set up parental controls, online gaming and talking to your children about online safety.

<https://www.internetmatters.org/advice/esafety-leaflets-resources/> - A must visit website providing parents and carers with leaflets about Online Safety. Also offers 'social media checklists' to keep your child safe.