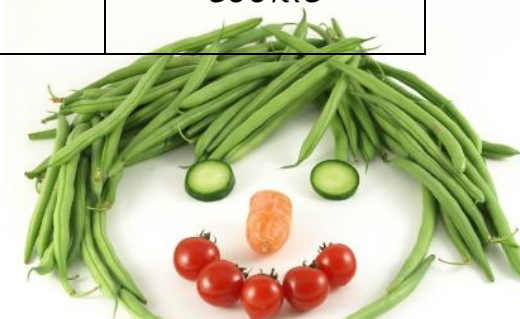




Perton First School Menu Summer 2025

Week 1		Funday Monday	Tasty Tuesday	Wicked Wednesday	Traditional Thursday	Friday Favourites
	Main Meal Choice 1	Homemade Margherita Pizza with jacket potato, coleslaw & salad	Fresh beef burger in a homemade wholemeal bun, potato wedges & tomato ketchup	Oven cooked fresh local sausages, new potatoes, vegetables & gravy	Roast local chicken with sage and onion stuffing, gravy, roast or mashed potatoes	Birds Eye Omega 3 fish fingers with chips & peas/baked beans
	Main Meal Choice 2	Homemade vegetable lasagne with garlic bread & salad	Quorn chicken & vegetable stir fry with noodles	Homemade cheese & red onion quiche with coleslaw & salad	Quorn Bolognaise with pasta spirals	Homemade Cheese & Onion Puff & salad
	Main Meal Choice 3	Jacket Potato with butter, a choice of fillings and salad bar selection				
	Main Meal Choice 4	Freshly prepared sandwiches on wholemeal bread with salad and Pom Bears				
	Sweet Treats	Arctic roll	Strawberry Cheesecake	Jam tart & custard	Raspberry muffin	Banana & chocolate brownie & custard
	Sweet Treats	Spiderman iced sponge	Chocolate Pinwheel & raspberry sauce	Top hat sponge cake	Flapjack	Raspberry cookie

- Wholemeal bread basket is available daily
- Selection of fresh fruit, salad and seasonal vegetables available daily
- Choice of chilled water, semi skimmed milk or fruit juice to drink
- Muller Yoghurt always available as an alternative to the homemade pudding choices
- All homemade puddings are made using wholemeal flour



Week 2		Funday Monday	Tasty Tuesday	Wicked Wednesday	Traditional Thursday	Friday Favourites
	Main Meal Choice 1	Homemade chicken lasagne, garlic bread & salad	Homemade sausage roll, wedges & baked beans/vegetables	Homemade chicken curry & rice	Roast beef, Yorkshire Pudding, gravy, with roast or mashed potatoes	Birds Eye Omega 3 fish fingers with chips
	Main Meal Choice 2	Homemade Margherita Pizza with jacket potato, coleslaw & salad	Homemade Quorn cottage pie & vegetables	Homemade macaroni cheese	Homemade tri-colour pasta in a tomato & basil sauce	Homemade Quorn sausage roll & chips
	Main Meal Choice 3	Jacket Potato with butter, a choice of fillings and salad bar selection				
	Main Meal Choice 4	Freshly prepared sandwiches on wholemeal bread with salad and Pom Bears				
	Sweet Treats	Apple Flapjack & custard	Orange drizzle cake	Marvel Marble sponge & custard	Chocolate & banana muffin	Homemade Ginger cookie
	Sweet Treats	Chocolate shortbread	Fruit & jelly	Strawberries & vanilla ice cream	Golden cornflake cake	Chocolate Crunch

- Wholemeal bread basket is available daily
- Selection of fresh fruit, salad and seasonal vegetables available daily
- Choice of chilled water, semi skimmed milk or fruit juice to drink
- Muller Yoghurt always available as an alternative to the homemade pudding choices
- All homemade puddings are made using wholemeal flour



Perton First School Menu Summer 2025

Week 3		Funday Monday	Tasty Tuesday	Wicked Wednesday	Traditional Thursday	Friday Favourites
	Main Meal Choice 1	Chicken nuggets & potato wedges	Hot dog with new potatoes & baked beans	Spaghetti Bolognaise & wholemeal pasta spirals	Roast chicken, stuffing, gravy and roast or creamy mashed potatoes	Birds Eye Omega 3 fish fingers & chips
	Main Meal Choice 2	Cheese Toastie	Homemade cheese whirl & salad	Homemade Margherita pizza with jacket potato, coleslaw & salad	Vegetable Balti & rice	Cheese salad wrap & chips
	Main Meal Choice 3	Jacket Potato with butter, a choice of fillings and salad bar selection				
	Main Meal Choice 4	Freshly prepared sandwiches on wholemeal bread with salad and Pom Bears				
	Sweet Treats	Apple sponge & custard	Chocolate Rice Krispie cake	Strawberry iced sponge & custard	Gingerbread & banana iced sponge	Chocolate sponge & chocolate sauce
	Sweet Treats	Strawberry meringue nest & cream	Blueberry muffin	Homemade oat cookie	Vanilla ice cream & jelly	Shortbread

- Wholemeal bread basket is available daily
- Selection of fresh fruit, salad and seasonal vegetables available daily
- Choice of chilled water, semi skimmed milk or fruit juice to drink
- Muller Yoghurt always available as an alternative to the homemade pudding choices
- All homemade puddings are made using wholemeal flour



Perton First School Menu Summer 2025

Week 4		Funday Monday	Tasty Tuesday	Wicked Wednesday	Traditional Thursday	Friday Favourites
	Main Meal Choice 1	Homemade Cottage Pie & vegetables	All day breakfast	Homemade chicken & salad wrap & new potatoes	Chicken Burger in a homemade bun, potatoes & salad.	Birds Eye Omega 3 fish fingers & chips
	Main Meal Choice 2	Homemade Margherita pizza with jacket potato, coleslaw & salad	Vegetarian Toad in the Hole & new potatoes	Macaroni Cheese	Ploughman's Lunch (ham & cheese or egg & cheese)	Homemade cheese & sweetcorn flan chips & salad
	Main Meal Choice 3	Jacket Potato with butter, a choice of fillings and salad bar selection				
	Main Meal Choice 4	Freshly prepared sandwiches on wholemeal bread with salad and Pom Bears				
	Sweet Treats	Jam & coconut sponge & custard	Lemon iced sponge	Flapjack	Melting Moment & custard	Chocolate fudge pudding & custard
	Sweet Treats	Chocolate Angel Delight & fresh strawberries	Shortbread	Ice cream & chocolate sauce	Apple muffin & custard	Bakewell Tart

- Wholemeal bread basket is available daily
- Selection of fresh fruit, salad and seasonal vegetables available daily
- Choice of chilled water, semi skimmed milk or fruit juice to drink
- Muller Yoghurt always available as an alternative to the homemade pudding choices
- All homemade puddings are made using wholemeal flour

